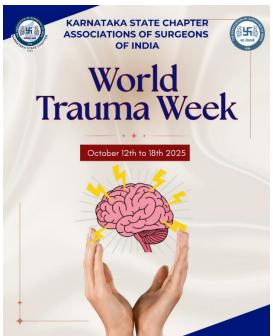
# TRAUMA AWARENESS DAY AND TRAMA AWARENESS WEEK ORGANISED BY KSCASI FROM OCTOBER 13<sup>TH</sup> TO 18<sup>TH</sup>









Preamble: Keeping in mind our ASI president Dr Pravin Suryavanshi call for recognition of trauma, highway accidents, awareness to the public and for citizens, KSC -ASI decided to do trauma activities from beginning of the this year 2025. Dr Manjunath Shenoy, active ASI member, while working as secretary of the KSC-ASI succumbed to injuries caused by Road Traffic Accident. Chairman Dr K. Rajgopal Shenoy from day 1 of assuming office as

chairman emphasised the importance of trauma awareness and activities and its importance. In KSC-ASI midcon, conducted at Kanachur Institute of Medical Sciences at Mangalore, first time KSC introduced separate category in the poster and paper category as Trauma sessions and has given prizes in the name of Late Dr Manjunath Memorial prizes. The entire team of EC and state surgeons from various city branches agreed to conduct activities related to RTA on a priority basis this year. KSC-ASI in this has conducted various activities including ALS and BLS, during surgeon's week celebrations also. This year we decided to conduct TRAUMA AWARENESS WEEK FROM OCTOBER 13<sup>TH</sup> TO 18<sup>TH</sup>. Here is a brief report on trauma activities conducted by KSC-ASI.

#### Various Activities Conducted by KSC -ASI

#### 1. Public image: KSC-ASI TRAUMA NEWS IN PAPERS

#### October 17<sup>th</sup> world trauma day







#### Karnataka State Chapter of Association of Surgeons India KSCASI



#### KALABURAGI CITY BRANCH

To, The Secretary KSCASI. Date: 20-10-2025

Respected Sir,

Subject: Reg. City branch report of "World Trauma Day" 2025.

The Department of General Surgery, GIMS Kalaburagi in association with KSC-ASI, Kalaburagi City Branch conducted a "World Trauma Day" awareness on 17-10-2025 (academic session) at GIMS Hospital Auditorium from 09:30 am to 01 pm. The topics were exclusive to include General Surgery, Neurosurgery, orthopeadics, Anesthesia, Vascular Surgery, Oral Maxillofacial Surgery & Radiology. Many of the delegates appreciated the choice of topics & Importance of "Golden Hour". Many Postgraduates of Surgery Orthopedics, Radiology, Anesthesia & Faculty and HOD'S from 4 different medical colleges of Kalaburagi city attended. Faculty from OMFS & other Dental Departments of 2 different dental colleges in Kalaburagi city attended the World Trauma Day event. The academic session was attended by Dr Sangamesh Co-ordinators of KSC-ASI for "World Trauma Day" More than 290 Delegates attended the academic event.

Thanking you,

Dr. Rajshekar Patil Chairman Kalaburagi Branch KSCASI. Dr. Shivakumar C R Secretary, Kalaburagi Branch KSCASI.

2. K S C - A S I : V I J AYA N A G A R A B R A N C H H O S A P E T E | K A R N ATAK A | A S I WORLD TRAUMA DAY CELEBRATION

The theme for World Trauma day, this year was "Building a Safer Future with Trauma care".

With this theme in mind, we targeted the future, the young kids who are the future citizens. We conducted, a school program, which included Essay, Speech and Placard competition, for students of all classes from kindergarten to high school. We received a wholesome experience, going through the essays, the topic was "SAFETY ON ROADS, MY SAFETY IS YOUR SAFETY". Students elaborated on road safety and traffic rules. We also conducted a Speech competition for the Topic, "Accidents, prevention and participation". It was exciting to see young minds, speaking on prevention of accidents and road safety rules. We had participants for display of Placards/Slogan. They had made a variety of attractive placards with trauma day theme. We handed over participation certificates for all the participants and cash prizes for each winners. Three prizes were given to each category for encouragement.

With this our branch made an effort at spreading awareness among the future generations., thereby celebrating World Trauma Day.







Students actively participating. Aadhya from Shantiniketan public school, Hospete speaking



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"Accidents, prevention and participation". It was exciting to see young minds, speaking on prevention of accidents and road safety rules. We had participants for display of Placards/Slogan. They had made a variety of attractive placards with trauma day theme.

## 3. KSC-ASI Shivamogga City Branch: Trauma Awareness Activity

**Topic:** Management of Blunt abdominal Trauma

Speaker: Dr Prasana Bsavraj, Consultant Surgical Gastroenterologist

Maxx Hospital, Shivamogga.

Topic-Limb injury management general principles

Speaker- Dr Praveenkumar H P, Consultant Plastic Surgeon, Swastik Hospital, Shivamogga





#### 4. KSC-ASI — Bengaluru Surgical Society

A Report on Public Awareness Program – Trauma Care Week 2025

Event: Public Awareness Program on Trauma Care

Occasion: KSCASI Trauma Care Week Celebrations 2025

Venue: Trauma and Emergency Care Centre (TECC), Victoria Hospital, BMCRI,

Bengaluru. Date: 23rd October 2025

As part of the Trauma Care Week celebrations organized by the Karnataka State Chapter of ASI (KSCASI), a Public Awareness Program on Trauma Care was conducted at the Trauma and Emergency Care Centre (TECC), Victoria Hospital, Bengaluru. The event aimed to educate the general public and students on the importance of early response and first aid measures in trauma situations.

The program witnessed active participation from healthcare professionals, students, and volunteers of the Youth Red Cross. The sessions included brief talks, demonstrations on first response, and interactive discussions to spread awareness on road safety, bleeding control, and timely trauma care.

The event was graced by the Principal and Nodal Officer, BMCRI, as the Guest of Honour. The initiative received wide appreciation from attendees for its practical approach and public relevance.

The TECC, being the Level-1 Trauma Care Centre in the Karnataka Government Hospital network, played a pivotal role in hosting the event, emphasizing its commitment to community awareness and trauma preparedness.

The event concluded successfully with positive feedback and a collective resolve to promote trauma awareness and early intervention across the community. This was much appreciated and successful, thanks to the BMCRI support along with SSB ASI City Branch office bearers.

Prof. Dr Prem Kumar A, President, Dr Sreekar Pai







#### 5. – KSCASI–Hubli Dharwad city branch Trauma Awareness Week

Attended by: 400 students of SJMVS Arts and Commerce College, Hubballi. The theme was "Ride Today, Live Tomorrow, Wear Helmet."

The students between age group of 19 to 24 years were well informed and made aware about trauma-related head injuries, their severity and preventive measures. Dr. M. Satish, HOD, Department of Neurosurgery, KMCRI, spoke in length about the same.

This was followed by a very informative skit on "Trauma" (the same theme) performed by MBBS students of KMCRI, which was well appreciated and hugely applauded by the students.

Then there was a very important talk on Road Safety given by Smt. Padma, Inspector, Traffic Police, which was very crucial and informative.





# 6. Udupi City Branch of KSC-ASI did 8 activities from October 13<sup>th</sup> to October 18<sup>th</sup>, in the entire week.

A. 13<sup>th</sup> October RTA and our responsibility: Awareness talk in Manipal, PU college. More than 100 students attended.





Acknowledgement: Principal and staff, Madhav Kripa Pre University College, Manipal

B. 14<sup>th</sup> October: KMC students... competitions. Street play: Savlon Bhai and Danish Behen get into an accident driving rashly. They encounter Yamraj ji for their sins on road. They are held accountable for driving unlawfully and affecting innocent families and are sentenced to hell. Through this comical narrative, we spread awareness that driving irresponsibly puts not only yourself but also others' lives at risk.







Main leaders: Lakshya Pratap Monga & Anupam Raj, 3rd MBBS & Head of Aaghaz- KMC Manipal's Dramatics Club

Acknowledgement: Manipal academy of Higher Education and Dean KMC Manipal

C. 15th Pre- hospital trauma care. Our responsibilities. Using C collar, CPR, etc. at Udupi. MGM College attended by 200 students. Udupi city branch president Captain Dr. L. Ramchandra also spoke on preventive aspects of RTA Acknowledgement: Management and Principal MGM College Udupi







Acknowledgements: Lions club Manipal

D. 16th ...Daiji world TV talk ..RTA and responsibilities of drivers, students and our road safety . This video program was telecast in Daiji world . Resource persons Chairman Dr Kallya Rajgopal Shenoy and his brother Dr. Kallya Rajgopal Shenoy



E. 17th 2 pm. World Trauma Day -RTA safety and awareness programs.

Resource persons are Chairman Dr Rajgopal Shenoy, orthopaedic consultant

Dr Suresh Shenoy and Dr Y.S Rao senior consultant surgeon, Udupi



Active participation of students at SMVITM Udupi.

Acknowledgement: Management, Director, Dean and faculty of SMVITM Bantakal Udupi

F. 17<sup>th</sup> October world trauma day: At 8 pm. Surgeon's time: Dr. Suresh M. Dugani Senior Consultant Neurosurgeon, Hubballi. Topic: Principles in Managing Head Injuries Following RTA and Dr. Ganesh Kamath Professor & HOD, CVTS, Manipal. Topic: principles in managing Chest injuries following RTA. Moderated by Past president Dr. Siddesh G.



G: 18<sup>th</sup> October world trauma week:: Poetry: \*Trauma Liter ASI 2025\* started off with a Poetry Competition on the theme of "Road Safety and the Perils of Violation".

The winning poem was written in Hindi by \*Mr. Anupam Raj\*, 3rd year MBBS student titled "The Last Ride" or "Aakhri Savari"

#### **H: SLOGAN COMPETITION**

Day 6: Slogan competition 18<sup>TH</sup> OCTOBER 2025 Venue: Sri Madhwa Vadiraj Institute of Technology and Management -SMVITM -BANTAKAL- UDUPI - KARNATAKA 574115. Winners were given total of 5000 Rs as cash prizes-sponsored by chairman Dr. K. Rajgopal Shenoy.

#### English Slogan Writing: Single Punch Line

1. Sudarshan Pai, MBA

Avoiding traffic signals is like accepting death signals!!

2. Vibha Manjunath, AI & ML

Slow down to Stay around

#### **ENGLISH SLOGAN WRITING: Quatrain**

1. Tanisha Sudhakar Moollya, CSE

Behind every speed lies a risk unseen, One sharp flash can wipe the scene. Slow is smart, calm is cool, On every road, make safety the rule.

2. Sannidhi Shetty, E&C

"One careless move, one loud cry,
One small mistake, and lives may die.
Hold the wheel with love and grace,
Let safety be your winning race."

#### Kannada Slogan Writing

1. Asniya, Al & DS

ಹೆಲ್ಮೆಟ್ ಹಾಕು ,ಅಮ್ಮನ ಕಣ್ಣೀರು ತಪ್ಪಿಸು! ನಿನ್ನ ಪ್ರಾಣ ಸುರಕ್ಷಿತವಾಗಲಿ, ಮನೆಗೆ ನಗುತ ಬಾ!

2. Ananya Mohan Chandan, B.Sc Nursing

ಗಮನಿಸಿ ಸಂಚಾರಿ ನಿಯಮದ ಬೆಳಕು

# ಉಳಿಸಿ ಸಾರ್ವಜನಿಕರ ಬದುಕು





#### 7. KSC ASI MYSORE CITY BRANCH TRAUMA AWARENESS ACTIVITIES REPORT



#### SURGICAL SOCIETY OF MYSORE AND ASSOCIATION OF SURGEONS OF INDIA MYSORE CITY BRANCH



OFFICE: Dept. of Surgery, MMCRI, K.R. Hospital, Irwin Road, Mysore.

President Dr. H.N. Dinesh Professor HOD of Surgery MMCRI, Mysore Secretary
Dr. Sarvesha Raje Urs. A.S

Senior Specialist, T.G.H. Hunsur Mob: 9448434261 Email: sarveshrajeurs@yahoo.co.in

Treasurer
Dr. S. Chandrashekar
Associate Professor of Surgery

MMCRI, Mysore Mob: 9686003639

Vice President
Dr. S.R. Chandrashekar Mob: 9986140061

#### Join Secretary

Dr. Sreeharsha M.V. Mob: 9845677441

Past President Dr. C.P. Madhu Mob: 9538932293

Dr. Anand Ravi B.N.

Dr. Anand Ravi B.N.
Dr. Girish. T.V
Dr. Harish
Dr. Lokesh S.
Dr. Manjunath. G

Dr. Nithin. K.B Dr. Ravikumar G.V. Dr. Raghuveer Dr. Shashidhar Dr. Sushma Krishnamurthy Dr. Varadaraju

Dr. M.M. Bhaskar Dr. B.S. Madhu Dr. Nairuthya

Dr. Preethi. S.P

Advisory Committee Dr. C.G. Narasimhan Dr. Vasanthkumar

Dr. Geeta Avadhani Dr. Siddesh.G

Dr. Ravindranath Dr. Rubenprakash Dr. Sharathchandra

#### "Invitation for CME"

KSC ASI Surgical Society of Mysore, Mysore City Branch in Association with Manipal Hospital, Mysore, Cordially Invites you to "World Trauma Day" CME Program on 17-10-2025 (Friday)

SI. No	Topic	Speakers
1	Abdominal Trauma an Overview.	Dr. Vasudeva Pai H MBBS, MS (General Surgery) M.ch (Surgical Gastroenterology) Consultant - Surgical Gastroenterology Manipal Hospital Mysore.
2	The Role of a Plastic Surgeon in Extremity Trauma.	Dr. Vijay Kumar N MBBS, MS (General Surgery) M.ch (Plastic Surgery) Consultant – Plastic Surgery Manipal Hospital Mysore.

Venue: Hotel Le Ruchi The Prince, Mysore

Date: 17th Oct 2025 (Friday) Time: 7:00 PM Onwards

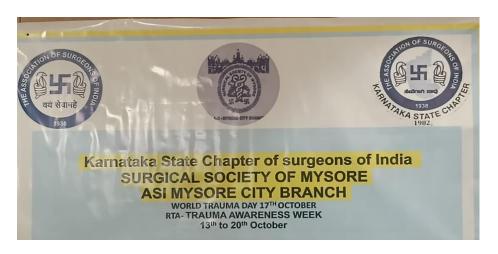
CME Followed by Fellowship and Dinner

Dr. Sarvesha Raja Urs A.S

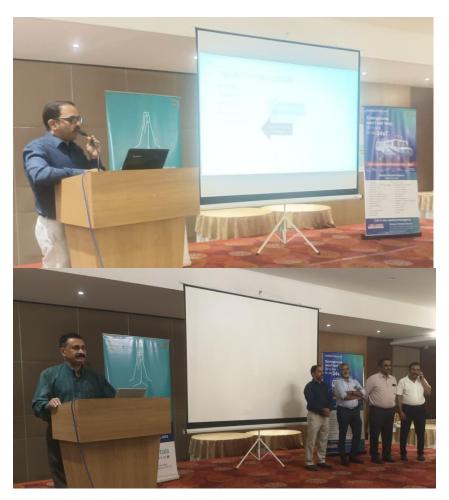
President-SSM-ASI

Secretary-SSM-ASI

RSVP: Shabareesha N 9480363494







# 2024 - 2025



DR.ASHOK R. JADHAV DR.S.S.PATIL

**DR.VIKRAM SINDAGIKAR** 

DR.RAMAKANTH BALOORKAR

PRESIDENT

VICE PRESIDENT

TREASURER

SECRETARY

9448163121

9739456610

9844775210

7019351119

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**ADVISORS** 

DR.TEJASWINI
VALLABHA
DR.ARAVIND.V.PATIL
DR.RAVI CHOUDHARI
DR.S.B.PATIL
DR.PRASHANT KATAKOL

#### **E.C.MEMBERS**

DR.SAJID MUDHOL
DR.ANAND ZALAKI
DR.SIDDU SONNAD
DR.PRASAD SASNUR
DR.B.P.KATTIMANI
DR.JILANI AWATI
DR.DAYANAND BIRADAR
DR.U.S.NAGUR

#### **EX-OFFICIO MEMBERS**

DR. DEEPAK CHAVAN

30/10/2025

#### Report on "World Trauma day"

KSC-ASI Vijayapura branch in Association with Department of General Surgery, BLDE (DU) Shri B M Patil MCH & RC, Vijayapura. On the Occasion of "World Trauma day" is observed annually on October 17 to raise awareness about the importance of trauma care and to reduce mortality and morbidity caused by accidents. On this occasion, the in collaboration with the organized a Hands-on Demonstration of ATLS Protocols and CPR for the Civil and Traffic Police of Vijayapura.

#### **Programme Highlights:**

The event began with a welcome address by **Sri Ramanagouda Hatti**, Additional Superintendent of Police, Vijayapura.

**Dr. M. S. Kotennavar**, Professor & HOD of Surgery, highlighted the significance of World Trauma Day and the crucial role of first responders in saving lives.

**Dr. Dayanand Biradar**, Associate Professor and Program Coordinator, demonstrated ATLS protocols and CPR using mannequins, followed by hands-on training and interactive sessions for participants.

The programme was anchored by **Shri S. K. Gotyal**, HC, and concluded with a vote of thanks by **Dr. Ramakant Baloorkar**, Secretary, Vijayapura branch of KSC-ASI.

#### **Faculty Involved:**

Dr. Girish Kullolli, Dr. Vikram Sindagikar, Dr. Vijay Katti, and Dr. Santosh Karjagi actively assisted in the training

#### **Participants & Guests:**

Around 150 Civil and Traffic Police personnel participated. The event was graced by DYSP Sri Basavaraj Yaligar and Dr. Udaykumar Nuchchi, Professor & HOD, Forensic Medicine. Outcome:

The interactive training enhanced the participants' knowledge and confidence in handling trauma emergencies, thereby strengthening prehospital care and public safety in Vijayapura.

Dr. Ramakanth Baloorkar President Dr. Ashok R Jadhav Secretary

Date:

#### PROGRAMME PHOTOS





Welcome Address by Sri Ramanagouda Hatti, Additional Superintendent of Police, Vijayapura.



Dr. M. S. Kotennavar Professor & HOD spoke on the importance of "World Trauma Day"



Awareness Talk & Demonstration on ATLS & CPR by Dr. Dayanand Biradar, Assoc. Professor & Co-ordinator





Dr. Vikram Sindagikar gave a demonstration and guided the police personnel to perform it themselves.



#### ಚಿಕಿತ್ಸೆ ಅನುಸರಿಸಿ

\_\_\_\_\_ 15೦ಕ್ಕೂ ಹೆಚ್ಚುಪೊಲೀಸರಿಗೆ ಪ್ರಾಯೋಗಿಕ ತರಬೇತಿ । ಡಿವೈಎಸ್ಪಿರಾಮನಗೌಡ ಹಟ್ಟಿಸಲಹೆ

 ವಿಕ ಸುದ್ದಿರೋಕ ವಿಜಯಪುರ
 ''ರಸ್ತೆ ಅಪಘಾತ ಮತ್ತಿತರ ''ರಸ್ತೆ ಅಪಘಾತ ಮತ್ತಿತರ ತುರ್ತು ಸಂದರ್ಭಗಳಲ್ಲಿ ಪ್ರತ್ಯಕ್ಷದರ್ಶಿಗಳು ಸಂದರ್ಭಗಳಲ್ಲಿ ಪ್ರತೃಕ್ಷದರ್ಶಿಗಳು ಆಪತ್ಯಾಂಧವರಂತೆ ಪ್ರಥಮ ಚಿಕಿತ್ಸಾ ಕ್ರಮಗಳನ್ನು ಅನುಸರಿಸಿದರೆ ಗಾಯಾಳುಗಳ ಜೀವ ರಕ್ಷಿಸಬಹುದು,'' ಎಂದು ಜಿಲ್ಲಾ ಹೆಚ್ಚುವರಿ ಪೊಲೀಸ್ ವರಷ್ಯಾಧಿಕಾರಿ ರಾಮನಗೌಡ ಹಟ್ಟಿ ಹೇಳಿದರು. ನಗರದ ಪೊಲೀಸ್ ಸಮುದಾಯ ಭವನದಲ್ಲಿ ಬಿಎಲ್ಡ್ ಡಿಇ ಡೀಮ್ಡ್ ಬಿನಲ್ಡಾ ಬರುವರ ಪ್ರಿಕ್ಟಿಸಿದ್ದಾ ಬರುವರ ಪ್ರಿಕ್ಟಿಸಿದ್ದಾ ಬರುವರ ಪ್ರಾಕ್ಟಿಸಿಕೆ ಪ್ರಾಕ್ಟಿಸಿಕೆ ಪ್ರಾಕ್ಟಿಸಿಕೆ ಪ್ರಾಕ್ಟಿಸಿಕೆ ಪ್ರಕ್ಷದ ಬರುವರ ಪ್ರಕ್ಷಣೆಗೆ ಪ್ರಕ್ಷದ ಪ್ರಕ್ಷಣೆಗಳು ಪ್ರಕ್ರಣೆಗಳು ಪ್ರಕ್ಷಣೆಗಳು ಪ್ರಕ್ಣಣೆಗಳು ಪ್ರಕ್ಷಣೆಗಳು ಪ್ರಕ್ಣಣೆಗಳು ಪ್ರಕ್ಷಣೆಗಳು ಪ್ರಕ್ಷಣೆಗಳಿಗೆ ಪ್ರಕ್ಷಣೆಗಳು ಪ್ರಕ್ಷಣೆಗೆ ಪ್ರಕ್ಷಣೆಗೆ ಪ್ರಕ್ಷಣೆಗೆ ಪ್ರಕ್ಷಣೆಗೆ ಪ್ರಕ್ಷಣೆಗಳಿಗೆ ಪ್ರಕ್ಷಣೆಗೆ ಪ್ರಕ್ಷಣೆಗೆ ಪ್ರಕ

ಬಿ.ಎಂ.ಪಾಟೀಲ ್ಯಾಚ್ಯಕ್ ಕಾಲೇಜಿನ ಶಸ್ತ್ಯಚಿಕಿತ್ಸೆ ವಿಭಾಗದಿಂದ ಜಿಲ್ಲಾ ಶಸ್ತ್ಯಚಿಕಿತ್ಸಕ ಸಂಘದ ಸಹಯೋಗದಲ್ಲಿ ವಿಶ್ವ ಆಘಾತ ದಿನ ನಿಮಿತ ಹಮ್ಮಿಕೊಂಡ ಪೊಲೀಸ್ ಸಿಬ್ಬಂದಿಗೆ ಮುಂದುವರಿದ ಮುಂದುವಂದ ಆಘಾತ ಜೀವಾನ ಆಸರೆ(ಎಟಿಎಲ್ಎಸ್) ಮತ್ತು ಹೃದಯ ಶ್ವಾಚಕೋಶಗಳ ಪುನರುಜ್ಜೀವನೆ(ಸಿಪಿಆರ್) ತರಬೇತಿ ಶಿಬರವನ್ನು ಉದ್ಘಾಟಿಸಿ ಅವರು ಮಾತನಾಡಿದರು. ''ಬಿಎಲ್ಡಿಇ ಆಸ್ತತ್ರೆಯ ವೈದ್ಯರತಂಡವು

ಜಿಲ್ಲಾ ಪೊಲೀಸ್ ಸಿಬ್ಬಂದಿಗಾಗಿ ತರಬೇತಿ ಶಿಬಿರಆಯೋಜಿಸಿರುವುದು ಶಾಘಾನೀಯ,'' ತರಬೇತಿ

ುರಆಯ್ಲು ಸದರು. ಶಸ್ತ್ರಚಿಕಿತ್ಸಾ ವಿಭಾಗದ ಮುಖ್ಯ ಶಂಜುನಾಥ ಕೋಟೇಜ್ವರರ ಮಾ ನಮರಲ್ಲಿ ರಸ್ತೆ 2 ತಾಡ. ''ಜನಸಾಮಾನ್ಯರಲ್ಲಿ ಸುರಕ್ಷತಾ



ವಿಜಯಪುರದಲ್ಲಿ ವಿಶ್ವ ಆಘಾತ ದಿನದ ನಿಮಿತ್ತ ಪೊಲೀಸ್ ಸಿಬ್ಬಂದಿಗೆ ಬಿಎಲ್ ಡಿಇ ಆಸ್ಪತ್ರೆ ವೈದ್ಯರು ತರಬೇತಿ ಶಿಬಿರ ನಡೆಸಿದರು. ನಿಯಮಗಳು ಮತ್ತು ಪ್ರಥಮ ಚಿಕಿತ್ಸೆ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆ ವಿಭಾಗದ ಪ್ರಾಧಾ ಕ್ರಮಗಳ ಬಗ್ಗೆ ಆರಿವು ಮೂಡಿಸಿ, ಡಾ.ಗಿರೀಶ ಕುಲ್ಲೊಳ್ಳ, ಡಾ.ವಿಕ್ರಂ ಸಿಂದಗಿ

ಶಿ ಬಗ್ಗೆ ಅ ಮರಣ ಕಾತ ಪ್ರಮಾಣವನ್ನು ಸಂಭವನೀಯ ತಗ್ಗಿಸುವುದು ವಿಶ್ವ ಆಘಾತ ದಿನಾಚರಣೆಯ ಉದ್ದೇಶವಾಗಿದೆ,'' ಎಂದರು.

ಶಿಬಿರದ ಸಂಚಾಲಕ ಮತ್ತು ಶಸ್ತ್ರಚಿಕಿತ್ಸೆ ಎಭಾಗದ ಸಹಪ್ರಾಧ್ಯಾಪಕ ಡಾ.ದಯಾನಂದ ಬಿರಾದಾರ ಮಾತನಾಡಿ, ''ರಸ್ತೆ ಅಪಘಾತದ ಸಂದರ್ಭಗಳಲ್ಲಿ ಪ್ರತ್ಯಕ್ಷದರ್ಶಿಗಳು ಗಾಯಾಳುಗಳ ಪೋಟ್ಟೆ ಪ್ರತ್ಯಕ್ಷದರ್ಶಿಗಳು ಶಿಬಿರದ ಸಂಚಾಲಕ ಮತ್ತು ಬರಾದಾರ ಮಾತನಾಡಿ, ''ರಸ್ತ ಅಪಘಾತದ ಸಂದರ್ಭಗಳಲ್ಲಿ ಪ್ರತ್ಯಕ್ಷದರ್ಶಿಗಳು ಗಾಯಾಳುಗಳ ಫೋಟೊ ಮತ್ತು ವಿಡಿಯೊ ಮಾಡುವುದನ್ನು ಬಟ್ಟು ಆಂಬ್ಯುಲೆನ್,ಗೆ ಕರೆ ಮಾಡುವೇಕು. ಅಲ್ಲದೇ, ಗಾಯಕ್ಕೆ ಬಟ್ಟೆ ಕಟ್ಟ ಸಂಗಡಿಗರ ಸಹಾಯದಿಂದ ರಕ್ಷವಾವ ಇತರೆ ತಡೆಯಲು ಮತ್ತು ಪ್ರಥಮ ಚಿಕಿತ್ಸೆಯನ್ನು ನೀಡಿ ಅಮೂಲ್ಯ ಜೀ ಪುಣ್ಯಕಟ್ಟಿಕೊಳ್ಳಬೇಕು,'' ಎಂದರು. ಜೀವ ಉಳಿಸಿ

. ಶಸ್ತ್ರಚಿಕಿತ್ಸೆ ವಿಭಾಗದ ಪ್ರಾಧ್ಯಾಪಕ ಡಾ.ಗಿರೀಶಕುಲ್ಲೊಳ್ಳ, ಡಾ.ವಿಕ್ರಂ ಸಿಂದಗಿಕರ, ಅರಿವಳಿಕೆ ಶಾಸ್ತ್ರ ವಿಭಾಗದ ಪ್ರಾಧ್ಯಾಪಕ ಆರಿವಳಿಕೆ ಶಾಸ್ತ್ರ್ಯ ವಿಭಾಗದ ಪ್ರಾಧ್ಯಾಪಕ ಡಾ.ವಿಜಯ ಕೆಟ್ಟಿ ಡಾ.ಸಂತೋಷ ಕರ್ಜಗಿ ಮತ್ತು ಸ್ವಾತಕೋತ್ತರ ವೈದ್ಯಕೀಯ ಎದ್ಯಾರ್ಥಿಗಳು ತರಬೇತಿ ನೀಡಿದರು.

ವಿದ್ಯಾರ್ಥಗಾಲ ಬಸವರಾಜ ಯಲಗಾಲ, ಡಿವೈಎಸ್ಟಿ ಬಸವರಾಜ ಯಲಗಾಲ, ಪೊಲೀಸ್ ಅಧಿಕಾರಿ ಎಸ್.ಕೆ.ಗೋಟ್ಯಾಳ, ಜಿಲ್ಲಾ ಶಸ್ತ್ರಚಿಕಿತ್ತಕರ ಸಂಘದ ಕಾರ್ಯದರ್ಶಿ ಡಾ.ರಮಾಕಾಂತ ಬಳೂರಕರ, ನ್ಯಾಯ ವೈದ್ಯಶಾಸ್ತ್ರ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥ ಡಾ.

ಡಾ.ರಮಾಕಾರಾ ಬಳಗಾರಕರ್, ನಿಸ್ಟರಯ ಪುದ್ರಶಾಸ್ತ್ರ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥ ಡಾ. ಉದಯಕುಮಾರ ನುಚ್ಚಿಇದ್ದರು. ಶಿಬಿರದಲ್ಲಿ 150ಕ್ಕೂ ಹೆಚ್ಚು ಪೊಲೀಸ್ ಸಿಬ್ಬಂದಿ ಪ್ರಾಯೋಗಿಕ ತರಬೇತಿ ಪಡೆದು ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಗಳಾದ ವೈದ್ಯರೊಂದಿಗೆ ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಗಳಾದ ವೈದ್ಯರೊಂದಿಗೆ ಸಂವಾದ ನಡೆಸಿದರು.

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ಪಟ್ಟಣ, ಇಂಡಿಯಲ್ಲಿ ಸೇವೆಗಳು ಲಭ್ಯವಿರುವುದಿಲ ಬಿಲ್ ಪಾವತಿಗಾಗಿ ಹೆಚ್ಚಾಗಿ ಬಳಸು:

ಲೈನ್ ವಿದ್ಯುತ್ ಬಿಲ್ ಪಾವತಿ ಹಾಗೂ ಕ ಈ ಅವಧಿಯಲ್ಲಿ ಆನ್ಲ್ಬಿನ್ ಸೇವೆಗಳು ಗ್ರಾಹಕರು ಸಹಕರಿಸಬೇಕೆಂದು ಹೆಸ್ಕಾಂ ಕೋ೭

ಾಸಾಲಿ ಪೀಠದ ನೂತನ ಕಾರ್ಯಾಲಯ ರೈತ್ಯುಂಜಯ ಸ್ವಾಮೀಜಿ ಮಾತನಾಡಿ ಮುತ್ಯಾ, ಲಿಂಗಾಯತ ಪಂಚಮಸಾಲಿ ಕರ, ತಾಲೂಕು ಅಧ್ಯಕ್ಷ ಶಂಕ್ರಪ್ಪ ನೇಗಲಿ, ಪ್ಪ ಹುಲಗೇರಿ ಇದ್ದರು.

# ಡಿವೈಎಸ್ಪ ರಾಮನಗೌಡ ಹತ್ತಿ ಸಲಹೆ । ಶಾಸಕೋಶಗಳ ಪುನರುಜ್ಜೀವನ ತರಬೇತಿ ಶಿಬಿರ ಅಪಘಾತ ವೇಳೆ ಪ್ರತ್ಯಕ್ಷದರ್ಶಿಗಳು ಆಪತ್ಭಾಂದವರಾಗಲಿ

💶 ವಿಜಯವಾಣಿ ಸುದ್ದಿಜಾಲ ವಿಜಯಪುರ ರಸ್ತೆ ಅಪಘಾತ ಮತ್ತಿತರ ತುರ್ತು ಸಂದರ್ಭಗಳಲ್ಲಿ ಪ್ರತ್ಯಕ್ಷದರ್ಭಿಗಳು ಅಪತ್ಯಾಂದವರಂತೆ ಪ್ರಥಮ ಚಿಕಿತ್ಸೆ ಕ್ರಮ ಅನುಸರಿಸಿದರೆ ಗಾಯಾಳುಗಳ ಜೀವ ರತ್ತಿಸಬಹುದಾಗಿದೆ ಎಂದು ಹೆಚ್ಚುವರಿ ಪೊಲೀಸ್

ರಕ್ಷಿಸಬಹುದಾಗಿದೆ ಎಂದು ಹೆಚ್ಚುವರಿ ಫೊಲೀಸ್ ವರಿಷ್ಠಾಧಿಕಾರಿ ರಾಮನಗೌಡ ಹತ್ತಿ ಹೇಳಿದರು. ನಗರದ ಫೊಲೀಸ್ ಸಮುದಾಯ ಭವನದಲ್ಲಿ ಬಿಎಲ್ಡ್ ಡಿ ಡೀಮ್ಡ್ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಬಿ.ಎಂ. ಪಾರ್ಟಿಲ ವೈದ್ಯಕೀಯ ಕಾಲೀಜಿನ ಶಸ್ತ್ರಚಿಕಿತ್ತೆ ವಿಭಾಗ ಹಾಗೂ ಜಿಲ್ಲಾ ಶಸ್ತ್ರಚಿಕಿತ್ತಕರ ಸಂಘದ ಸಹಯೋಗದಲ್ಲಿ ವಿಶ್ವ ಆಘಾತ ದಿನದ ಅಂಗವಾಗಿ ಫೊಲೀಸ್ ಸಿಬ್ಬಂದಿಗೆ ಶುಕ್ರವಾರ ಹಮ್ಮಿಕೊಂಡಿದ್ದ ಮುಂದುವರಿಗೆ ಶುಕ್ರವಾರ ಹಮ್ಮಿಕೊಂಡಿದ್ದ ಮುಂದುವರಿಗೆ ಶಸ್ತ್ರವಾಗಿ ಕಾರ್ಸ್ ಬಿ.ಎಂದಿಗೆ ಪ್ರಕ್ಷಾತ್ರವಾಗಿ ಸಾಧ್ಯನಿಸುತ್ತಿದ್ದರು. ಪೊಲೀಸ್ ಸಿಬ್ಬಂದಿಗ ಖಕ್ಷಿಬಾರ ಅಮ್ಮರ್ಯವಿಕ್ಕ ಮುಂದುವರಿದ ಆಘಾತ ಜೀವನ ಅಸರೆ ಮತ್ತು ಹೃದಯ ಸಾಸಕೋಶಗಳ ಪುನರುಜ್ಞೀವನ ತರಬೇತಿ ಶಿಬಿರ ಶ್ವಾಸಕೋಶಗಳ ಪುನರುಜ್ಜೀವನ ಉದ್ಘಾಟಿಸಿ ಅವರು ಮಾತನಾಡಿದರು.

ಲ್ಲಿ ಪೊಲೀಸ್ ಸಿಬ್ಬಂದಿಗೆ ಪ್ರಥಮ ಚಿಕಿತ್ಸೆ ಕುರಿತು ಬಿಎಲ್ ಪೂಲೀಸ್ ನಟ್ಟರದಿಗೆ ಪ್ರಥಮ ಪಂತ್ರ ಹುಂತು ಬಹುತ ಡಿಈ ಆಸ್ಪತ್ರೆ ವೈದ್ಯರ ತಂಡವು ಶಿಬಿರ ಆಯೋಜಿಸಿರುವ ಕಾರ್ಯ ಶ್ಲಾಘನೀಯ ಎಂದರು. ಶಸ್ತ್ರ ಚಿಕಿತ್ಸಾ ವಿಭಾಗದ ಮುಖ್ಯಪ್ಪ ಡಾ. ಮಂಜುನಾಥ ಕೋಟೆಣ್ಣವರ ಮಾತನಾಡಿ, ಜನಸಾಮಾನ್ಯರಲ್ಲಿ ರಸ್ತೆ ಸುರಕ್ಷತಾ ನಿಯಮಗಳು



ವಿಜಯಪುರ ಜಿಲ್ಲಾ ಪೊಲೀಸ್ ಸಮುದಾಯ ಭವನದಲ್ಲಿ ವಿಶ್ವ ಆಘಾತ ದಿನದ ಅಂಗವಾಗಿ ಮುಂದುವರಿದ ಆಘಾತ ಜೀವನ ಆಸರೆ ಮತ್ತು ಹೃದಯ ಶ್ವಸಕೋಶಗಳ ಪುನರುಜ್ಜೀವನ ತರಬೇತಿ ತಿಬಿರದಲ್ಲಿ ಆಡಿಷನಲ್ ಎಸ್ಪ್ ರಾಮನಗೂಡ ಹತ್ತಿ ಮಾತನಾಡಿದರು. ಡಾ. ಮಂಜುನಾಥ ಕೋಟೆಣ್ಣವರ, ಡಾ. ದಯಾನಂದ ಬಿರಾದಾರ ಇತರರಿದ್ದರು.

ಮತ್ತು ಪ್ರಥಮ ಚಿಕಿತ್ಸೆ ಕ್ರಮಗಳ ಬಗ್ಗೆ ಅರಿವು ಮೂಡಿಸಿ ಸಂಭವನೀಯ ಮರಣ ಪ್ರಮಾಣ ತಗ್ಗಿಸುವುದು. ವಿಶ್ವ ಅಪಘಾತ ದಿನಾಚರಣೆ ಉದ್ದೇಶ ಎಂದರು.

ತಿಬಿರದ ಸಂಚಾಲಕ ಡಾ. ಬಿರಾದಾರ - ಮಾತನಾಡಿ. ರಸ್ತೆ

ಸಂದರ್ಭಗಳಲ್ಲಿ ಪ್ರ ಸೋಟೋ ಮತ್ತು ಪ್ರತ್ಯಕ್ಷದರ್ಶಿಗಳು ವಿಡಿಯೋ ಮಾಡುವುದು ಬಿಟ್ಟು, ಗಾಯಾಳುವಿನ ಬಾಯಲ್ಲಿ ನೀರು ಹಾಕದೆ, ಆಂಬುಲೆನ್ಡ್ ಗೆ ಕರೆ ಮಾಡಬೇಕು. ಗಾಯಕ್ಕೆ ಬಟ್ಟೆ ಕಟ್ಟೆ ಸಂಗಡಿಗರ ಸಹಾಯದಿಂದ ರಕ್ಷಸ್ತಾವ ತಡೆಯಲು ಮತ್ತು ಇತರ ಪ್ರಥಮ ಚಿಕಿತ್ಸೆ ನೀಡಿ ಅಮೂಲ್ಯ ಸಮಯದಲ್ಲಿ ಗಾಯಾಳುವಿನ ಜೀವ ಉಳಿಸಿ ಪುಣ್ಯ ಕಟ್ಟಿಕೊಳ್ಳಬೇಕು ಎಂದರು.

ಶಸ್ತ್ರಚಿಕಿತ್ಸೆ ವಿಭಾಗದ ಪ್ರಾಧ್ಯಾಪಕರಾದ ಕುಲ್ಲೊಳ್ಳಿ, ವಿಕ್ರಂ ಸಿಂದಗಿಕರ, ವಿಜಯ ಕಟ್ಟಿ, ವಿಭಾಗದ ಪ್ರಾಧ್ಯಾಪಕರಾದ ಗಿರೀಶ ಸಂತೋಪ ಕರ್ಜಗಿ ಮತ್ತು ಸ್ವಾತಕೋತ್ತರ ವೈದ್ಯಕೀಯ ವಿದ್ಯಾರ್ಥಿಗಳು ತರಬೇತಿ ನೀಡಿದರು. ನಗರ ಡಿವೈಎಸ್ಟಿ ಬಸವರಾಜ ಯಲಿಗಾರ, ಫೋಲಿಸ್ ಅಧಿಕಾರಿ ಎಸ್. ಕೆ. ಗೋಟ್ಯಾಳ, ಜಿಲ್ಲಾ ಶಸ್ತ್ರ ಚಿಕಿತ್ಸಕರ ಸಂಘದ ಕಾರ್ಯದರ್ಶಿ ಡಾ. ರಮಾಕಾಂತ ಬಳೂರಕರ, ನ್ಯಾಯವೈದ್ಯಶಾಸ್ತ್ರ ವಿಭಾಗದ ಮುಖ್ಯಫ್ಥ ಡಾ. ನ್ಯಾಯವೈದ್ಯಶಾಸ್ತ್ರ ವಿಭಾಗದ ಮು ಉದಯಕುಮಾರ ನುಚ್ಚಿ ಉಪಸ್ಥಿತರಿದ್ದರು. ಮುಖ್ಯಸ್ಥ

ತಿಬರದಲ್ಲಿ ಅಂದಾಜು 150ಕ್ಕೂ ಅಧಿಕ ಪೊಲೀಸ್ ಸಿಬ್ಬಂದಿ ಪ್ರಾಯೋಗಿಕ ತರಬೇತಿ ಪಡೆದು ವೈದ್ಯರೊಂದಿಗೆ ಸಂವಾದ ನಡೆಸಿದರು.



#### ASSOCIATION OF SURGEONS OF INDIA MANDYA BRANCH

asimandya@gmail.com

Dr. V.L. Nandish President +919448044361





ASI Mandya

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- Dr. Narasimhaswamy P
- M: 9980867647

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# WORLD TRAUMA DAY

Theme: "Building a Safer Future with Trauma Care"

Association of Surgeons of India – Mandya Branch Cordially invites you all for an Academic meet

- 1. Post graduate case presentation at 6:30 pm.
- SCIENTIFIC PANEL DISCUSSION On the occasion of world trauma day

TOPIC	SPEAKER
Traumatic Brain Injury – essential for the general surgeon	Dr. Maqsood Ahmed A R Senior consultant – Neurosurgeon Manipal Hosp, Mysuru
Abdominal trauma – principles of management	<b>Dr. Vishwanath Reddy</b> Senior Surgical Gastroenterologist <b>Mandya</b>

Date: 16<sup>th</sup> October 2025 Time: 6:30 PM onwards

Venue: IMA Bhavan, Next to Paakashaala, Mandya

We request you to kindly attend the CME Programme and grace the occasion with your presence. CME followed by the Dinner

Sponsored by Sun Pharma Solarace division







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## **KSC-ASI TRAUMA AWARENESS ARTICLE ON RTA GUIDELINES**

Compiled by Dr. Venkatachal, Oncosurgeon, Bengaluru.



1. ROAD TRAFFIC ACCIDENTS – GUIDELINES FOR SAFETY WHILE DRIIVNG. Article. In fact it has been used extensively by various city branches to spread RTA awareness.

The data submitted by Union Minister for Highways to the Rajya Sabha shows that 67,933 accidents took place on national highways up to June 2025. As many as 29,018 people died in road accidents on National Highways in the first six months of 2025 calendar year. In 2024, 53,090 people died in 1,25,873 accidents across national highways.

The major cause for the accidents was speeding, contributing to 71.2% of road crash deaths. Two-wheeler users who constituted to 44.5% of fatalities, and pedestrians accounted for nearly 20% of deaths. Over half of the fatalities occurred on national and state highways, despite their small percentage of the overall road network. Human error is the reason behind most accidents.

Year	Accidents	Deaths
2023	1,23,955	53,630
2024	1,25,873	53,090
2025 (till June)	67,933	29,018

### Road safety guidelines

To avoid road traffic accidents, drivers must strictly follow the traffic rules, maintain a safe speed, avoid distractions like mobile phones, and never drive under the influence of alcohol or drugs. Practicing defensive driving (driving with caution while avoiding rashness), wearing seatbelts and helmets, ensuring regular vehicle maintenance also significantly reduce the risk. Staying alert on roads, taking breaks during long drives to avoid fatigue, respecting other road

users, and driving according to road conditions are key to a safer journey.

#### A. <u>Driver Behaviours</u>

• Obey Traffic Laws:

Adhere to speed limits, traffic signals, and road signs. Don't drive without valid driving license. Dump vehicles which are unfit for driving.

• Stay Vigilant, Avoid Distraction:

Stay attentive, keep away mobile phones, avoid eating/alcohol consumption, or adjusting the radio. Don't fight with fellow passengers while driving.

• Never Drive Under the Influence:

Do not drive under the influence of alcohol/ drugs, as they impair judgment and reaction times.

Practice Defensive Driving:

Anticipate dangerous situations/ hazards, check mirrors while changing lanes or before slowing down/ stopping, maintain a safe distance between vehicles according to your speed, and be anticipate other road users' mistakes. Slowdown in village zones, and at pedestrian/ animal crossings.

Wear Safety Equipment:

Always wear a seatbelt when driving and a helmet when riding a motorcycle or bicycle. Even buses must provide seat belts to passengers.

Don't Drive Fatigued:

If you are tired, pull over and take a break or switch drivers. Avoid night driving, as far as possible.

Mode of travel:

For long distances on highways, preferably use public transport. Chose cabs from reputed travel agencies and check your driver's skill and experience. Advise him to adhere to traffic rules, not to over speed or consume alcohol before driving.

#### B. Vehicle and Road Practices

#### Maintain Your Vehicle:

Get regular vehicle maintenance on essential components like brakes and lights, tyre air pressure, to keep them in proper working condition. Avoid dark sun films that reduce visibility, particularly in dim light. Check wind shield condition before start of journey.

#### Check Road Conditions:

Be aware of poor road conditions, bad weather, and adjust your driving accordingly.

#### Use Turn Signals:

Always use your turn signals while changing lanes, taking turns, or slowing down/ stopping to communicate your intentions to other drivers and pedestrians.

#### • Be Patient:

Avoid rash driving, weaving through traffic or road rage. Stay calm and focused. Don't intimidate or fight with other road users.

#### • Leave Early:

Give yourself extra time for your journey to avoid being rushed and to allow for unexpected delays. Don't set time target for particular distances.

#### • Car selection:

Buy cars with latest technology, good lights and braking, electronic stability, and at least 6 airbags.

#### • Two wheelers:

Must stick to slow lanes and ride as per speed limits, assert caution while overtaking heavy vehicles, not to drive on wrong side, avoid night rides, and avoid highways as far as possible.

#### Speed bikes:

Our highways are meant to commute at permissible speeds and not for racing. Bikers must adhere to traffic rules and speed limits.

#### Heavy vehicles:

Must stick to slow lanes, avoid sudden lane shifts and overtaking. Regular vehicle maintenance is a must.

#### Cyclists:

Must ride on highways in groups with a patrol vehicle behind them to warn other road users.

#### Lane discipline:

Heavy vehicles and two-wheelers moving on fast lanes interfere with traffic movements and can result in many accidents.

#### Overtaking:

Avoid cutting other drivers. Always overtake from the right side and assert extreme caution while overtaking heavy vehicles. Do not overtake from the left, or at junctions or turnings or curves. Do not overtake inside the same lane.

#### • City roads:

Extreme patience is mandatory. Follow lane discipline and maintain low speeds. Avoid signal jumps and assert extreme caution while taking turns (indicate to other road users). Stop, halt and proceed at junctions. Don't overtake at junctions. Don't squeeze from wrong directions at junctions. Don't honk in presence of traffic jams.

#### Negotiating curves:

Negotiate curves and hilly roads at lower speeds using the slow lanes.

#### Express Highways:

Express Highways are meant for safety more than speed. Due to higher vehicle density and erratic road users, safety comes first. Don't stop your vehicles on carriage ways in case of any issues. Park the vehicle in a safe zone and indicate other road users. Call local toll plaza for immediate assistance.

#### Level Crossings:

Exert patience and don't squeeze through level crossings

#### • Flyovers:

Avoid higher speeds/ overtaking/ erratic driving on flyovers

#### Pedestrians:

Pedestrians must not walk or run across roads, particularly highways. Don't trespass on to express highways. Cross the roads with caution only at specified areas

#### • Play a good Samaritan:

Help fellow road users in case of any accident. Pull the victim to safety and shift to nearest trauma centre. Many lives can be saved in the golden hour if the victims get immediate attention. Always carry a first aid kit in your vehicle. Adopt humanitarian approach even if it was a mistake from the other vehicle driver.

Whom to contact in case of accident:

Please call the nearest toll plaza/ NHAI helpline/ local police station for immediate assistance.

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